How will your project contribute to our goals?
If you did a project that resulted in pounds of food or a financial donation, you can use the conversions below to calculate how many meals your project generated.

### Pounds of Food to Meals

**Conversion:** 1.2 lbs of food = 1 meal

**Equation:** \[ \frac{\text{lbs}}{1.2} = \text{meals} \]

**Example:** Your projects generated 300 lbs of food, so 300 divided by 1.2 equals 250 meals.

### Dollars to Meals

**Conversion:** $1 = 4 meals

**Equation:** \[ $ \times 4 = \text{meals} \]

**Example:** You raised $250, so $250 \times 4 equals 1,000 meals.

*Note: The following two project outcomes can be estimated and make a big difference to hungry kids, but do not convert directly to meals.*

### Gardens to Pounds of Food

The yield of your garden depends on many factors, like which foods you grow and the health of the plants.

**Conversion:** 1 square foot = 1.42 lbs of food

**Equation:** \[ \text{square feet} \times 1.42 = \text{lbs of food} \]

**Example:** If you planted 500 square feet of garden, your project might yield 710 pounds of raw food.

### Canned Food to Pounds of Food

Cans of food vary in size and weight. On average, 1 can of food contains 1 lb of food.

**Conversion:** 1 can = 1 lb of food

**Equation:** \[ \text{cans} \times 1 = \text{lbs of food} \]

**Example:** If your food drive collected 300 cans of food, that’s about 300 lbs.